







WHEN LIFE GETS CHALLENGING

We Can Help

The Blomquist Hale Solutions Program provides direct, **face-to-face** guidance to address virtually any stressful life situation or problem. Not to mention there is absolutely **no cost** to you. Meeting with our team is simple. Call to schedule an appointment today. **(800) 926-9619**

Count On:

-  24/7 Crisis Service
-  100% Confidential
-  Professional, Friendly Team
-  Convenient Locations
-  Extended Hours
-  No Co-pay Required

WE CAN HELP WITH

- Marital & Family Counseling 
- Stress, Anxiety or Depression 
- Personal & Emotional Challenges 
- Grief or Loss 
- Financial or Legal Problems 
- Substance Abuse or Addictions 
- Senior Care Planning 

SUPPORT NOW: Talk with a Licensed Therapist Instantly

We recognize that none of us are immune to the stresses that life brings. It is important to have the opportunity to discuss the things that are on your mind with a licensed professional. Through the Blomquist Hale Support Now program, employees instantly connect with a licensed therapist via **phone, text, email** or **video**. No appointment is necessary. To connect, simply contact us during typical business hours: Monday – Friday, 9:00 a.m. – 5:00 p.m. MDT

-  **Text:** 801.383.0580
-  **Call:** 801.262.9619
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